Your Oral Health is Important

Did you know that dental disease causes employed adults to lose more than 164 million hours of work a year?!?

Did you also know that dental disease is nearly 100% preventable when you take the right steps?

- Visit your dentist regularly.
- Brush and floss at least twice a day.
- Make nutritious food choices.
- Share your medical conditions with your dentist.

Your preventive visits are often covered at no cost . . . so start today.

1   SELECT A DENTIST.

Go to deltadentalco.com, download our free mobile app, or call 1-800-610-0201.

2   SCHEDULE AN APPOINTMENT.

Some dentists have evening and weekend hours to fit your busy life.

3   SMILE!

Your oral and overall health are strongly connected . . . and you've just taken steps to protect both of them.

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